



CDA

INFORMATION

PACK

2020

WWW.CHEERDANCENACRO.COM.AU

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WELCOME TO CDA (CHEER DANCE N ACRO ACADEMY) PERTH.

CDA is a small family oriented club who have been growing from strength to strength since inception in 2011. We pride ourselves in offering the best tuition to our students with a positive and safe learning environment.

We differ from a lot of other clubs in that we train from 4 venues in Perth offering the very basics of cheer bringing together aspects of acrobatics, gymnastics and dance.

- Our coaches have years of experience. Our comp coaches hold updated Cheer Credentials and credentials are renewed annually through the IASF.
- All Coaches hold Working With Children Cards and there is at least one person with First Aide training on site.
- We are a small personal club and we like it that way. You are not just another number at CDA.
- We encourage our students once they turn 14 to share their knowledge with our younger students. We offer them coaching experience and the opportunity to become qualified.
- We offer competitive and recreational classes
- We offer age groups from 2.5yrs to 15yrs and hope to get to Senior very soon.

At CDA we offer 5 recreational classes per week and 5 Competitive classes per week. Our recreation classes are a mix of Acrobatics/tumble and cheer.

Our Recreation classes are held at Willagee Community Centre and St Christophers Church Hall in Bicton. Our only recreation class held at PCYC Hilton is our Joeys aged 2-4yrs. All other classes at PCYC Hilton are Competitive.

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Levels for competitive age groups are set up by the Cheerleading Governing Body (IASF) and set the standard throughout the world.

Cheer Competitive Levels are as follows:

1 & Novice	2	3	4	4.2	5	6
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Cheer Age Groups are as follows:

Extra Tiny 3&4	Tiny 5&6	Mini 7&8	Youth 12&Under	Junior 14&Under	Senior 10-18	Open 14+
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Cheer Level Requirements

LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 6
No requirements for beginners Back and front walkovers for comp teams	Back handspring BHS Back walkover BHS Round off multiple BHS	3 x BHS Jump to BHS Round off BHS Back Tuck	1or2 BHS to layout Standing back tuck Round off BHS Layout	Jump to Back Tuck Roundoff BHS Full Stand 1 or 2 BHS to full Male and flyers must have level 5 experience





RECREATIONAL

Here at CDA we offer recreational classes in Acro and Tumble, Acro Tumble and Cheer and our Tiny Tots Joeys class which is a mixture of Acro, Tumble, song and dance.

These class groups have a showcase at the end of the year to display some of what they have learnt throughout the year.

NOVICE

This is a great place to start out as a competitive cheerleader.

These teams have no requirements and will teach you all of the foundations of level 1.

Novice teams do less practice hours than All Star Teams but still compete in 2 or 3 Competitions throughout the year.

ALL STAR

CDA currently have only a few All Star Teams.

In 2019 we introduced our very first Level 2 Allstar team – The Dugites.

We hope to continue to grow our All Star teams into the future so we can then offer the opportunity to travel and compete interstate.



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Team Information

**NO EXPERIENCE NECESSARY
EVERYONE MAKES A TEAM**

TEAM/GROUP NAME	DIVISION	LEVEL	TIME
Willagee Wagtails	5-8yrs Recreation Acro/tumble/cheer	N/A	Monday 3.30pm-4.30pm Willagee Rec Centre
Willagee Warriors	9-12yrs Recreation Acro/tumble/cheer	N/A	Monday 4.30pm-5.30pm Willagee Rec Centre
Bicton Bobtails	5-8yrs Recreation Acro/tumble	N/A	Tuesday 3.30pm-4.30pm St Christophers Waddell Rd Bicton
Bicton Bears	9-12yrs Recreation Acro/tumble	Recommended Tumble class for CDA Kookaburra and CDA Matilda Youth Level 1	Tuesday 4.30pm -5.30pm St Christophers Waddell Rd Bicton
CDA Kookaburras	Youth	Level 1 Novice/All Star	Tuesday 5.30-6.30pm St Christophers Waddell Rd Bicton
Hilton/Freo Joeys	2-4yrs Recreation Acro/tumble sing and dance	N/A	Wednesday 9.15am-10am Fremantle/Hilton PCYC
CDA Koalas	Tiny 4-6yrs	Level 1 Novice	Thursday 3.30pm-4.15pm Fremantle/Hilton PCYC
CDA Bilbys	Mini 7-8yrs	Level 1 Novice/All Star	Thursday 4pm-5pm Fremantle/Hilton PCYC
CDA Matildas	Youth 9-12yrs	Level 1 Novice/All Star	Thursday 5pm-6pm Fremantle/Hilton PCYC
CDA Dugites	Junior 14yrs & Under	Level 2 All Star	Thursday 4.15-5.15pm Fremantle/Hilton PCYC Saturday 3.00 – 5.00pm Ying Li Gymnastics Booragoon

Attendance is compulsory for every lesson for competitive teams. When one person is missing it means the entire team cannot practice to full potential.

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YOUR INVESTMENT



Team/Group Name	Hours	Registration Insurance	Term	Comp Fees	Uniform
Willagee Wagtails	1	\$35 per year	\$140	N/A	Training \$45
Willagee Warriors	1	\$35 per year	\$140	N/A	Training \$45
Bicton Bobtails	1	\$35 per year	\$140	N/A	Training \$45
Bicton Bears	1	\$35 per year	\$140	N/A	Training \$45
CDA Kookaburras	2	\$35 per year	\$210	\$155	Training \$45 Comp \$174 including Jacket & Bow
Hilton/Freo Joeys	45 mins	\$25 per year	\$85 or \$10 casual	N/A	Training \$45
CDA Koalas	45 mins	\$35	\$100	\$35	Training \$45 Comp \$174 including Jacket & Bow
CDA Bilbys	1 hour	\$35	\$140	\$95	Training \$45 Comp \$174 Including Jacket & Bow
CDA Matildas	1- 2hours	\$35	\$140/210	\$155	Training \$45 Comp \$174 including Jacket & Bow
CDA Dugites	2- 3hours	\$35	\$250	\$215	Training \$45 Comp Hire \$50 Deposit \$70 Jacket \$79

Refund Policy: 0-10 Days after payment, term fees are 80% refundable.

After 10 Days term fees are non refundable

Registration/Insurance and Competition fees are non refundable.

2nd Hour/class is half price.

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INFORMATION AND CALENDAR

Term 1		Term 2	
3 rd – 5 th December 2019 Tryouts for comp teams		27 th April	Term 2 Begins
Early January:	Online Registrations	1 st June:	Competition fees due
3 rd Feb:	Term 1 Begins	30 th June:	Comp uniforms purchased
2 nd March:	Labour Day		
10 th April:	School Holidays Term 2 invoices sent	4 th July:	School Holiday Term 3 Invoices sent

Term 3		Term 4	
20 th July:	Term 3 Begins	12 th Oct	Term 4 Begins
8/9 th Aug:	Aussie Gold Competition Kookaburras, Matildas & Dugites compete	End of Oct	Scream n Shout Comp. Koalas, Bilbys, Kookaburras, Matildas & Dugites compete
29/30 th Aug:	AASCF Competition. Bilbys, Kookaburras, Matildas & Dugites	1 st week of Dec	Tryouts
11-13 Sept:	ATC Starz Competition Dugites	Sat 12 th Dec	Showcase & year end Presentation.
26 th Sept:	School Holidays Term 4 invoices sent	Sat 12 th Dec	Year Ends

Term Fees are based on 39/40 week term.
5% Family Discount offered if paid on time.

We will also organise School Holiday tumble workshops.

Private lessons can be arranged for Acro and Dance Solos and Duos.
Cost is \$25 per half hour lesson.



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CHEER DANCE N ACRO ACADEMY

Also known as

CDA

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